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# The method of double chains for largest families with excluded subposets 

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#### Abstract

For a given finite poset $P, L a(n, P)$ denotes the largest size of a family $\mathcal{F}$ of subsets of $[n]$ not containing $P$ as a weak subposet. We exactly determine $L a(n, P)$ for infinitely many $P$ posets. These posets are built from seven base posets using two operations. For arbitrary posets, an upper bound is given for $L a(n, P)$ depending on $|P|$ and the size of the longest chain in $P$. To prove these theorems we introduce a new method, counting the intersections of $\mathcal{F}$ with double chains, rather than chains.


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## 1. Introduction

Let $[n]=\{1,2, \ldots, n\}$ be a finite set. We investigate families $\mathcal{F}$ of subsets of $[n]$ avoiding certain configurations of inclusion.

Definition Let $P$ be a finite poset, and $\mathcal{F}$ be a family of subsets of $[n]$. We say that $P$ is contained in $\mathcal{F}$ if there is an injective mapping $f: P \rightarrow \mathcal{F}$ satisfying $a<_{p} b \Rightarrow f(a) \subset f(b)$ for all $a, b \in P$. $\mathcal{F}$ is called $P$-free if $P$ is not contained in it.

Let $L a(n, P)=\{\max |\mathcal{F}| \mid \mathcal{F}$ contains no $P\}$
Note that we do not want to find $P$ as an induced subposet, so the subsets of $\mathcal{F}$ can satisfy more inclusions than the elements of the poset $P$.

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We are interested in determining $L a(n, P)$ for as many posets as possible. The first theorem of this kind was proved by Sperner. Later it was generalized by Erdős.

Theorem 1.1 (Sperner). [1] Let $\mathcal{F}$ be a family of subsets of $[n]$, with no member of $\mathcal{F}$ being the subset of an other one. Then

$$
\begin{equation*}
|\mathcal{F}| \leq\binom{ n}{\lfloor n / 2\rfloor} \tag{1}
\end{equation*}
$$

Theorem 1.2 (Erdős). [2] Let $\mathcal{F}$ be a family of subsets of $[n]$, with no $k+1$ members of $\mathcal{F}$ satisfying $A_{1} \subset A_{2} \subset \cdots \subset A_{k+1}(k \leq n)$. Then $|\mathcal{F}|$ is at most the sum of the $k$ biggest binomial coefficients belonging to $n$. The bound is sharp, since it can be achieved by choosing all subsets $F$ with $\left\lfloor\frac{n-k+1}{2}\right\rfloor \leq|F| \leq\left\lfloor\frac{n+k-1}{2}\right\rfloor$.

Since choosing all the subsets with certain sizes near $n / 2$ is the maximal family for many excluded posets, we use the following notation.
Notation $\Sigma(n, m)=\sum_{i=\left\lfloor\frac{n-m+1}{2}\right\rfloor}^{\left\lfloor\frac{n+m-1}{2}\right\rfloor}\binom{n}{i}$ denotes the sum of the $m$ largest binomial coefficients belonging to $n$.

Now we can reformulate Theorem 1.2. Let $P_{k+1}$ be the path poset with $k+1$ elements. Then

$$
\begin{equation*}
L a\left(n, P_{k+1}\right)=\Sigma(n, k) \tag{2}
\end{equation*}
$$

We give here a proof of Theorem 1.2 to illustrate the chain method introduced by Lubell [3].
Proof. (Theorem 1.2) A chain is $n+1$ subsets of $[n]$ satisfying $L_{0} \subset L_{1} \subset L_{2} \subset \cdots \subset L_{n}$ and $\left|L_{i}\right|=i$ for all $i=0,1,2, \ldots n$. The number of chains is $n!$. We use double counting for the pairs $(C, F)$ where $C$ is a chain, $F \in C$ and $F \in \mathcal{F}$.

The number of chains going through some subset $F \in \mathcal{F}$ is $|F|!(n-|F|)$ !. So the number of pairs is

$$
\sum_{F \in \mathcal{F}}|F|!(n-|F|)!
$$

One chain can contain at most $k$ elements of $\mathcal{F}$, otherwise a $P_{k+1}$ poset would be formed. So the number of pairs is at most $k \cdot n!$. It implies

$$
\begin{gather*}
\sum_{F \in \mathcal{F}}|F|!(n-|F|)!\leq k \cdot n!  \tag{3}\\
\sum_{F \in \mathcal{F}} \frac{1}{\binom{n}{|F|}} \leq k \tag{4}
\end{gather*}
$$

Fixing $|\mathcal{F}|$, the left side takes its minimum when we choose the subsets with sizes as near to $n / 2$ as possible. Choosing all $\Sigma(n, k)$ subsets with sizes $\left\lfloor\frac{n-k+1}{2}\right\rfloor \leq|F| \leq\left\lfloor\frac{n+k-1}{2}\right\rfloor$, we have equality. So we have

$$
\begin{equation*}
L a\left(n, P_{k+1}\right)=\Sigma(n, k) \tag{5}
\end{equation*}
$$

$L a(n, P)$ is determined asymptotically for many posets, but its exact value is known for very few $P$. (See [4] and [5])

## 2. The method of double chains

The main purpose of the present paper is to exactly determine $L a(n, P)$ for some posets $P$. Our main tool is a modification of the the chain method, double chains are used rather than chains.

Definition Let $C: L_{0} \subset L_{1} \subset L_{2} \subset \cdots \subset L_{n}$ be a chain. The double chain assigned to $C$ is a set $D=\left\{L_{0}, L_{1}, \ldots, L_{n}, M_{1}, M_{2}, \ldots, M_{n-1}\right\}$, where $M_{i}=L_{i-1} \cup\left(L_{i+1} \backslash L_{i}\right)$.

Note that $\left|M_{i}\right|=\left|L_{i}\right|=i$, $i<j \Rightarrow L_{i} \subset L_{j}, L_{i} \subset M_{j}, M_{i} \subset L_{j}$ and $i+1<j \Rightarrow M_{i} \subset M_{j}$.
$\left\{L_{0}, L_{1}, \ldots, L_{n}\right\}$ is called the primary line of $D$ and $\left\{M_{1}, M_{2}, \ldots, M_{n-1}\right\}$ is the secondary line.
$\mathcal{D}$ denotes the set of all $n!$ double chains.


Figure 1. The double chain assigned to the chain $\emptyset \subset\{2\} \subset\{2,3\} \subset\{1,2,3\} \subset\{1,2,3,4\}$.

Lemma 2.1. Let $\mathcal{F}$ be a family of subsets of $[n](n \geq 2)$, and let $m$ be a positive real number. Assume that

$$
\begin{equation*}
\sum_{D \in \mathcal{D}}|\mathcal{F} \cap D| \leq 2 m \cdot n! \tag{6}
\end{equation*}
$$

Then

$$
\begin{equation*}
|\mathcal{F}| \leq m\binom{n}{\lfloor n / 2\rfloor} \tag{7}
\end{equation*}
$$

If $m$ is an integer and $m \leq n-1$, we have the following better bound:

$$
\begin{equation*}
|\mathcal{F}| \leq \Sigma(n, m) \tag{8}
\end{equation*}
$$

Proof. First we count how many double chains contains a given subset $F \subset[n] . \emptyset$ and $[n]$ are contained in all $n$ ! double chains. Now let $F \notin\{\emptyset,[n]\}$. $F$ is contained in the primary line of $|F|!(n-|F|)$ ! double chains. Now count the double chains containing $F$ in the secondary line. Letting $F=M_{|F|}$, we have $|F| \cdot(n-|F|)$ possibilities to choose $L_{|F|}$, since we have to replace one element of $M_{|F|}$ with a new one. $M_{|F|}$ and $L_{|F|}$ already define $L_{|F|-1}$ and $L_{|F|+1}$. We have $(|F|-1)!$ and $(n-|F|-1)$ ! possibilities for the first and last part of the primary line, so the number of double chains containing $F$ in the secondary line is $|F|(n-|F|)(|F|-1)!(n-|F|-$ $1)!=|F|!(n-|F|)!$. It gives a total of $2|F|!(n-|F|)!$ double chains containing $F$.

Let $t=|\mathcal{F} \cap\{\emptyset,[n]\}|$. Double counting the pairs $(D, F)$ where $D \in \mathcal{D}, F \in D$ and $F \in \mathcal{F}$ we have

$$
\begin{align*}
t \cdot n!+ & \sum_{F \in \mathcal{F} \backslash\{\emptyset,[n]\}} 2|F|!(n-|F|)!\leq 2 m \cdot n!  \tag{9}\\
& t \cdot \frac{1}{2}+\sum_{F \in \mathcal{F} \backslash\{\emptyset,[n]\}} \frac{1}{\left(\begin{array}{l}
n \\
|F|
\end{array}\right.} \leq m \tag{10}
\end{align*}
$$

Since $\binom{n}{\lfloor n / 2\rfloor}$ is the biggest binomial coefficient, and $\binom{n}{\lfloor n / 2\rfloor} \geq 2$ we have

$$
\begin{equation*}
\frac{|\mathcal{F}|}{\binom{n}{\lfloor n / 2\rfloor}} \leq m \tag{11}
\end{equation*}
$$

It proves (7). If $m$ is an integer, and $m \leq n-1$, considering $|\mathcal{F}|$ fixed, the left side of (10) is minimal when we choose subsets with sizes as near to $n / 2$ as possible. Choosing all $\Sigma(n, m)$ subsets with such sizes, we have equality in (10). It implies $|\mathcal{F}| \leq \Sigma(n, m)$, so (8) is proved.

Definition The infinite double chain is an infinite poset with elements $L_{i}, i \in \mathbb{Z}$ and $M_{i}, i \in \mathbb{Z}$. The defining relations between the elements are

$$
i<j \Rightarrow L_{i} \subset L_{j}, L_{i} \subset M_{j}, M_{i} \subset L_{j}
$$



Figure 2. The infinite double chain.
Note that the poset formed by the elements of any double chain with the inclusion as relation is a subposet of the infinite double chain.

Lemma 2.2. Let $m$ be an integer or half of an integer and $P$ be a finite poset. Assume that any subset of size $2 m+1$ of the infinite double chain contains $P$ as a (not necessarily induced) subposet. Let $\mathcal{F}$ be a family of subsets of $[n]$ such that $\mathcal{F}$ does not contain $P$. Then

$$
\begin{equation*}
|\mathcal{F}| \leq m\binom{n}{\lfloor n / 2\rfloor} \tag{12}
\end{equation*}
$$

If $m$ is an integer and $m \leq n-1$ we have the following better bound:

$$
\begin{equation*}
|\mathcal{F}| \leq \Sigma(n, m) \tag{13}
\end{equation*}
$$

Proof. Since the poset formed by the elements of any double chains is a subposet of the infinite double chain, $|\mathcal{F} \cap D| \leq 2 m$ for all double chains $D$. There are $n!$ double chains, so

$$
\begin{equation*}
\sum_{D \in \mathcal{D}}|\mathcal{F} \cap D| \leq 2 m \cdot n! \tag{14}
\end{equation*}
$$

holds. Now we can use Lemma 2.1 and finish the proof.

## 3. An upper estimate for arbitrary posets

Definition The size of the longest chain in a finite poset $P$ is the largest integer $L(P)$ such that for some $a_{1}, a_{2}, \ldots, a_{L(P)} \in P, a_{1}<_{p} a_{2}<_{p} \cdots<_{p} a_{L(P)}$ holds.


Figure 3. A poset with $|P|=10$ elements and longest chain of length $L(P)=4$.

Theorem 3.1. Let $P$ be a finite poset and let $\mathcal{F}$ be a $P$-free family of subsets of $[n]$. Then

$$
\begin{equation*}
|\mathcal{F}| \leq\left(\frac{|P|+L(P)}{2}-1\right)\binom{n}{\lfloor n / 2\rfloor} \tag{15}
\end{equation*}
$$

If $\frac{|P|+L(P)}{2}-1$ is an integer and $\frac{|P|+L(P)}{2} \leq n$ we have the following better bound:

$$
\begin{equation*}
|\mathcal{F}| \leq \Sigma\left(n, \frac{|P|+L(P)}{2}-1\right) \tag{16}
\end{equation*}
$$

Proof. We want to use Lemma 2.2 with $m=\frac{|P|+L(P)}{2}-1$. So the only thing we have to prove is the following lemma.

Lemma 3.2. Let $P$ be a finite poset. Then any subset $S$ of size $|P|+L(P)-1$ of the infinite double chain contains $P$ as a (not necessarily induced) subposet.

Proof. We prove the lemma using induction on $L(P)$. When $L(P)=1$, we have a subset of size $|P|$ in the infinite double chain. We can choose them all, we get the poset $P$, since there are no relations between its elements. Assume that we already proved the lemma for all posets with longest chain of size $l-1$, and prove it for a poset $P$ with $L(P)=l$.

Arrange the elements of the infinite double chain as follows:

$$
\ldots L_{-1}, M_{-1}, L_{0}, M_{0}, L_{1}, M_{1}, L_{2}, M_{2} \ldots
$$

Assume that $P$ has $k$ minimal elements, and choose the $k$ first elements of $S$ for them according to the above arrangement. Note that all remaining elements of $S$, except for at most one, are greater in the infinite double chain than all the $k$ elements we just chose. If there is such an exception, delete that element from $S$. Now we have at least $|P|+L(P)-k-2$ elements of $S$ left, all greater than the $k$ we chose for the minimal elements. Denote the set of these elements by $S^{\prime}$.

Let $P^{\prime}$ be the poset obtained by $P$ after deleting its minimal elements. It has $\left|P^{\prime}\right|=|P|-k$ elements and a longest chain of size $L\left(P^{\prime}\right)=L(P)-1$. By the inductive hypothesis $P^{\prime}$ is formed by some elements of $S^{\prime}$, since $\left|S^{\prime}\right| \geq|P|+L(P)-k-2=\left|P^{\prime}\right|+L\left(P^{\prime}\right)-1$. Considering these elements together with the first $k$, they form $P$ as a weak subposet in $S$.

Remark The previously known upper bound for maximal families not containing a general $P$ as weak subposet was $\Sigma(n,|P|-1)$. We can get it from Theorem 1.2 since $P$ is a subposet of the path poset $P_{|P|}$. The new upper bound, $\Sigma\left(n, \frac{|P|+L(P)}{2}-1\right)$ is better since $L(P) \leq|P|$, and equality occurs only when $P$ is a path poset.

## 4. Exact results

In this section we will describe infinitely many posets for which Theorem 3.1 provides a sharp bound.

Definition For a finite poset $P, e(P)$ is the maximal $m$ such that the family formed by all subsets of $[n]$ of size $k, k+1, \ldots, k+m-1$ is $P$-free for all $n$ and $k$.

We will prove that $L a(n, P)=\Sigma(n, e(P))$ if $n$ is large enough for infinitely many $P$, verifying the following conjecture for these posets.

Conjecture [6] For every finite poset $P$

$$
\begin{equation*}
L a(n, P)=e(P)\binom{n}{\lfloor n / 2\rfloor}(1+O(1 / n)) \tag{17}
\end{equation*}
$$

In [6] Bukh proved the conjecture for all posets whose Hasse-diagram is a tree.

## Notation

$$
\begin{equation*}
b(P)=\frac{|P|+L(P)}{2}-1, \text { the bound used in Theorem } 3.1 \tag{18}
\end{equation*}
$$

Lemma 4.1. Assume that $e(P)=b(P)$ for a finite poset $P$ and $n \geq b(P)+1$. Then

$$
\begin{equation*}
L a(n, P)=\Sigma(n, e(P))=\Sigma(n, b(P)) \tag{19}
\end{equation*}
$$

Proof. The family of subsets of size $\left\lfloor\frac{n-e(P)+1}{2}\right\rfloor \leq|F| \leq\left\lfloor\frac{n+e(P)-1}{2}\right\rfloor$ has $\Sigma(n, e(P))$ elements and is $P$-free by the definition of $e(P)$. On the other hand, Theorem 3.1 states that a $P$-free family has at most $\Sigma(n, b(P))$ elements.

Now we show some posets satisfying $e(P)=b(P)$.

Definition (See figure 4).
$E$ is the poset with one element.
The elements of the following posets are divided into levels so that $a$ is greater than $b$ in the poset if and only if $a$ is in a higher level than $b$.
$B$ is the butterfly poset, a poset with 2 elements on each level.
$D_{3}$ is the 3-diamond poset, a poset with respectively 1,3 and 1 element on its levels.
$Q$ is a poset with respectively 2,3 and 2 elements on its levels.
$R$ is a poset with respectively $1,4,4$ and 1 element on its levels.
$S$ is a poset with respectively 1,4 and 2 elements on its levels.
$S^{\prime}$ is a poset with respectively 2,4 and 1 element on its levels.


Figure 4.7 small posets satisfying $e(P)=b(P)$.

Lemma 4.2. For all $P \in\left\{E, B, D_{3}, Q, R, S, S^{\prime}\right\}, e(P)=b(P)$ holds.
Proof. $b(P)$ is an integer for all the above posets. Assume that $e(P) \geq b(P)+1$. Then for $n \geq b(P)+1$ there would be a $P$-free family $\mathcal{F}$ of subsets of $[n]$ with $|\mathcal{F}|=\Sigma(n, b(P)+1)>$ $\Sigma(n, b(P))$, contradicting Theorem 3.1. So $e(P) \leq b(P)$. We will show that for every poset $P \in\left\{E, B, D_{3}, Q, R, S, S^{\prime}\right\}$ and integers $n, k$ the family formed by all subsets of $[n]$ of size $k, k+1, \ldots, k+b(P)-1$ is $P$-free. It gives us $e(P) \geq b(P)$, and completes the proof.

The statement is trivial for $P=E$ since $b(E)=0$.
$b(B)=2$. The set of all subsets with $k$ and $k+1$ elements is $B$-free since two subsets of size $k+1$ can not have two different common subsets of size $k$.
$b\left(D_{3}\right)=3$. The set of all subsets with $k, k+1$ and $k+2$ elements is $D_{3}$-free since for two subsets $A, B,|B|-|A| \leq 2$ there are at most two subsets $F$ satisfying $A \subset F \subset B$.
$b(Q)=4$. Assume that $Q$ is formed by 7 subsets of size $k, k+1, k+2$ or $k+3$. There are at least 4 subsets in the lower 2 or the upper 2 levels. They should form a $B$ poset, that is not possible.
$b(R)=6$. Assume that $R$ is formed by 10 subsets of size $k, k+1, \ldots, k+5$. Let $A$ be the least, and $B$ be the greatest subset. Let $U$ be the union of the 5 smaller subsets. At least 3 subsets in the second level are different from $U$, and contained in it. Similarly, at least 3 subsets of the third level are different from $U$, and contain it. Since $D_{3}$ is not formed by subsets of size $m, m+1$ and $m+2,|A|+6 \leq|U|+3 \leq|B|$, a contradiction.
$b(S)=4$. Assume that $S$ is formed by 7 subsets of size $k, k+1, k+2$ or $k+3$. Let $V$ be the intersection of the two elements of the top level, then $|V| \leq k+2 . V$ contains all elements
of the middle level, and is different from at least 3 of them. These 3 elements together with the least element and $V$ form a $D_{3}$ from subsets of size $k, k+1$ and $k+2$, and it is a contradiction.

A family is $S^{\prime}$-free if and only if the family of the complements of its elements is $S$-free. It gives $e\left(S^{\prime}\right)=e(S) \geq b(S)=b\left(S^{\prime}\right)$.

We define two ways of building posets from smaller ones, keeping the property $e(P)=$ $b(P)$.

Definition Let $P_{1}, P_{2}$ posets. $P_{1} \oplus P_{2}$ is the poset obtained by $P_{1}$ and $P_{2}$ adding the relations $a<b$ for all $a \in P_{1}, b \in P_{2}$.

Assume that $P_{1}$ has a greatest element and $P_{2}$ has a least element. $P_{1} \otimes P_{2}$ is the poset obtained by identifying the greatest element of $P_{1}$ with the least element of $P_{2}$.

Lemma 4.3. $e\left(P_{1} \oplus P_{2}\right) \geq e\left(P_{1}\right)+e\left(P_{2}\right)+1$. If $P_{1} \otimes P_{2}$ is defined, then $e\left(P_{1} \otimes P_{2}\right) \geq$ $e\left(P_{1}\right)+e\left(P_{2}\right)$.

Proof. In order to find a $P_{1}$, we need at least $e\left(P_{1}\right)+1$ levels, for a $P_{2}$, we need at least $e\left(P_{2}\right)+1$ levels. It follows from the properties of $\oplus$ that the lowest level of $P_{2}$ is above the highest level of $P_{1}$ in any occurrence of $P_{1} \oplus P_{2}$, which thus needs at least $e\left(P_{1}\right)+1+e\left(P_{2}\right)+1$ levels. In the case of $P_{1} \otimes P_{2}$, the same reasoning applies, noting that highest level of $P_{1}$ and the lowest level of $P_{2}$ coincide.

Lemma 4.4. Assume that $P_{1}$ and $P_{2}$ are finite posets such that $e\left(P_{1}\right)=b\left(P_{1}\right)$ and $e\left(P_{2}\right)=$ $b\left(P_{2}\right)$. Then

$$
\begin{equation*}
e\left(P_{1} \oplus P_{2}\right)=b\left(P_{1} \oplus P_{2}\right) \tag{20}
\end{equation*}
$$

Assume that $P_{1}$ has a greatest element and $P_{2}$ has a least element. Then

$$
\begin{equation*}
e\left(P_{1} \otimes P_{2}\right)=b\left(P_{1} \otimes P_{2}\right) \tag{21}
\end{equation*}
$$

Proof. Note that $\left|P_{1} \oplus P_{2}\right|=\left|P_{1}\right|+\left|P_{2}\right|, L\left(P_{1} \oplus P_{2}\right)=L\left(P_{1}\right)+L\left(P_{2}\right)$, and $e\left(P_{1} \oplus P_{2}\right) \geq$ $e\left(P_{1}\right)+e\left(P_{2}\right)+1$. Similarly, $\left|P_{1} \otimes P_{2}\right|=\left|P_{1}\right|+\left|P_{2}\right|-1, L\left(P_{1} \otimes P_{2}\right)=L\left(P_{1}\right)+L\left(P_{2}\right)-1$, and $e\left(P_{1} \otimes P_{2}\right) \geq e\left(P_{1}\right)+e\left(P_{2}\right)$.

From the above equations and (18) we have

$$
\begin{equation*}
e\left(P_{1} \oplus P_{2}\right) \geq e\left(P_{1}\right)+e\left(P_{2}\right)+1=b\left(P_{1}\right)+b\left(P_{2}\right)+1=b\left(P_{1} \oplus P_{2}\right) \tag{22}
\end{equation*}
$$

and

$$
\begin{equation*}
e\left(P_{1} \otimes P_{2}\right) \geq e\left(P_{1}\right)+e\left(P_{2}\right)=b\left(P_{1}\right)+b\left(P_{2}\right)=b\left(P_{1} \otimes P_{2}\right) \tag{23}
\end{equation*}
$$

if $P_{1}$ has a greatest element and $P_{2}$ has a least element. We have already seen that $e(P) \leq b(P)$ always holds.

The following theorem summarizes our results.
Theorem 4.5. Let $P$ be a finite poset built from the posets $E, B, D_{3}, Q, R, S$ and $S^{\prime}$ using the operations $\oplus$ and $\otimes$. (See figure 5 for examples.) For $n \geq b(P)+1$

$$
\begin{equation*}
L a(n, P)=\Sigma(n, b(P))=\Sigma(n, e(P)) \tag{24}
\end{equation*}
$$



Figure 5. Posets built from $E, B, D_{3}, Q, R, S$ and $S^{\prime}$ using $\oplus$ and $\otimes . P_{1}=S^{\prime} \otimes D_{3} \oplus B \oplus B, P_{2}=S \oplus D_{3} \otimes R \oplus E$ and $P_{3}=Q \oplus D_{3} \otimes D_{3} \oplus D_{3}$.

Proof. From Lemma 4.2 and Lemma 4.4 we have $e(P)=b(P)$. Then Lemma 4.1 proves the theorem.

Remark Theorem 4.5 is the generalization of the theorem of Erdős (Theorem 1.2), and the following two results.

Theorem 4.6 (De Bonis, Katona, Swanepoel). [7] For $n \geq 3$

$$
\begin{equation*}
L a(n, B)=\Sigma(n, 2) \tag{25}
\end{equation*}
$$

Theorem 4.7 (Griggs, Li, Lu). (Special case of Theorem 2.5 in [8]) For $n \geq 2$

$$
\begin{equation*}
L a\left(n, D_{3}\right)=\Sigma(n, 3) \tag{26}
\end{equation*}
$$

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